

EARLY HEAD START & HEAD START FAQs



Who qualifies for Early Head Start and Head Start?

Pregnant women, babies, and toddlers up through age 4.

- Children who qualify for DHS subsidy
- Children from families who receive public assistance, such as TANF or SSI
- Children with disabilities
- Children in foster care, regardless of income
- Children from families with incomes below the poverty guidelines
- Children being raised by their grandparents
- Children from families experiencing homelessness
- Pregnant women

What do I need to bring to apply for Early Head Start or Head Start?

- Your completed application.
- Provide proof of income for the last calendar year or last 12 months.
- Your (W-2).
- 1040 Tax Return.
- Public Assistance TANF, SSI or SNAP.
- Age required immunizations, up to date with age required Well Child Exam along with Birth Certificate.

Are children with disabilities or special needs accepted?

Yes, Head Start programs welcome children with disabilities and special needs.



EARLY HEAD START & HEAD START FAQs



What other Sunbeam programs serve birth to 4?

- Early Head Start/Head Start
- Early Head Start Home Visitation Program
- Foster Care
- Mental Health
- Parenting Pathways
- Grandparents Raising Grandchildren

How can parents volunteer in the classroom?

Connect with your teacher or the front desk at your child's center for more information.

Can I choose between center-based and home-based options?

Yes! Learn more about center-based services or Home Visitation.

What should I expect during a home visit?

During a home visit, a trained professional will come to your home to provide educational activities, support, and resources. They will work with you to help your child learn and grow in a comfortable and familiar environment.

How does Head Start support my child's health?

Head Start provides health screenings (vision and hearing), nutritious meals, and connects families with medical, dental, and mental health services through community partners. Learn more <[Link to Head Start page](#)>.

EARLY HEAD START & HEAD START FAQs

What if my child has allergies or special dietary needs?

Head Start programs can accommodate children with allergies or special dietary needs. Be sure to inform the staff about your child's specific requirements

How can parents volunteer in the classroom?

Connect with your teacher or the front desk at your child's center for more information.

How can I stay involved in my child's education through Head Start?

Parents are encouraged to volunteer in the classroom, participate in parent-teacher conferences, and join parent committees. Your involvement is important and valued. Connect with your Family Advocate or front desk staff at your child's center.

I need a new Parent Handbook and/or school calendar. What do I do?

Ask the front desk at your center for another copy.



