



**FOR IMMEDIATE RELEASE**  
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[Download Photos of the Event Here...](#)

## **Caregivers Celebrated via no Contact, Drive-Thru Event**

**(OKLAHOMA CITY)** - OK Caregiver once again partnered with Sunbeam Family Services to support caregivers. On Friday, Sept. 25, Caregivers were invited to attend the 22nd Annual Caregiver Conference at Sunbeam Family Services. The no contact, drive-thru event celebrated caregivers with a sack lunch, resources and goodie bags.

The event was open to Oklahomans who care for a loved one age 55 or over, and featured a 50's theme that included several restored cars from the time period.

“Sunbeam is proud to come alongside caregivers to provide support and practical solutions to help caregiver’s physical, mental, and emotional well-being,” said Talena Ford, senior engagement program manager. “If you are living with and caring for a loved one living in Oklahoma, Cleveland, Canadian, or Logan counties, our Caregiver Support Groups are also available to you.”

In its continued support of central Oklahoma senior citizens, Sunbeam also offers Caregiver Support Groups, as well as support groups for Grandparents Raising Grandchildren. Both support groups create an opportunity to learn from others who face similar challenges. They also offer a place to share experiences, resources and socialize.

Caregiver Support Groups are held Tuesdays at 1 p.m. and Thursdays at 6 p.m.  
Grandparents Raising Grandchildren Support Groups are held Tuesdays at 6 p.m. and  
Fridays at 1 p.m.

For more information about Sunbeam's Caregiver Support Groups, call (405) 609-8939,  
email [tford@sunbeamfamilyservices.org](mailto:tford@sunbeamfamilyservices.org) or visit [sunbeamfamilyservices.org](http://sunbeamfamilyservices.org).

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#### About Sunbeam Family Services

Founded in 1907, Sunbeam Family Services is one of Oklahoma's longest-serving nonprofits. The nonprofit helps children, families and seniors learn, grow and thrive. To learn more, call (405) 528-7721, visit [sunbeamfamilyservices.org](http://sunbeamfamilyservices.org), or join the conversation on Facebook, Twitter and Instagram.