



**FOR IMMEDIATE RELEASE:**

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## **22nd Annual Caregiver Conference Sept. 25** **Caregivers Celebrated via no Contact Drive-Thru Event**

(OKLAHOMA CITY) – OK Caregiver is once again partnering with Sunbeam Family Services to support caregivers. On Friday, Sept. 25 Caregivers are invited to the 22nd Annual Caregiver Conference at Sunbeam Family Services. From 10 a.m. to noon, this no contact, drive-thru event will celebrate caregivers with lunch, resources and a goodie bag.

“We are doing things a little different because things are different,” said Sunbeam Senior Engagement Program Manager Talena Ford. “We want to continue to engage our seniors and still keep this vulnerable population safe. The resources we are providing are needed more than ever.”

This conference is open to Oklahomans who are caring for a loved one age 55 and over. For more information, or to register, visit [okcaregiver.com](http://okcaregiver.com).

“Sunbeam is proud to come alongside caregivers to provide support and practical solutions to help caregiver’s physical, mental, and emotional well-being,” said Ford. “If you are living with and caring for a loved one living in Oklahoma, Cleveland, Canadian, or Logan counties, our Caregiver Support Groups are also available to you.”

Caregiver Support Groups are held Tuesdays at 1 p.m. and Thursdays at 6 p.m., and Grandparents Raising Grandchildren Support Groups are held Tuesdays at 6 p.m. and Fridays at 1 p.m. Both support groups create an opportunity to learn from others who face similar challenges. They also offer a place to share experiences, resources, and to socialize.

For more information about Sunbeam's Caregiver Support Groups, call (405) 609-8939, email [tford@sunbeamfamilyservices.org](mailto:tford@sunbeamfamilyservices.org) or visit [sunbeamfamilyservices.org](http://sunbeamfamilyservices.org).

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### About Sunbeam Family Services

Founded in 1907, Sunbeam Family Services is one of Oklahoma's longest-serving nonprofits. The nonprofit helps children, families and seniors learn, grow and thrive. To learn more, call (405) 528-7721, visit [sunbeamfamilyservices.org](http://sunbeamfamilyservices.org), or join the conversation on Facebook, Twitter and Instagram.