As a Grandparent Raising Grandchildren (GRG), you may have a lot of questions, concerns, and needs. Sunbeam Family Services empowers GRGs by offering support groups, school supplies, holiday assistance, counseling services, and resources.

If you are a GRG 55 or older, raising your grandchild(ren) in the absence of the parent(s), and living in Oklahoma, Cleveland, Canadian, or Logan counties, please contact us so we may assist you. We also have the ability to serve a limited number of GRGs aged 54 and younger.

GRG support groups are inviting, confidential groups where you can talk and listen to other GRGs while learning about resources. A FREE Meal and CHILDCARE is provided for the families (unless noted). **RSVPs are required to attend.** Facilities used for GRG support groups are ADA compliant.

**Oklahoma City Support Groups**

- **Educare OKC Support Group**
  Youth & Family Services, Inc.
  500 SE Grand Blvd, OKC 73129
  2nd Thursday of every month
  11:30am-1:00 pm, **NO CHILDCARE**
  RSVP: Linda Thele, 405.609.6551
  or tford@sunbeamfamilyservices.org

- **Heronville Elementary Support Group**
  1240 SW 29th Street, OKC 73109
  Last Monday of every month
  5:30-7:00 pm
  RSVP: Talena Ford, 405.609.6551
  or tford@sunbeamfamilyservices.org

- **Oklahoma County Support Group**
  Northeast Church of Christ
  4817 N. Martin Luther King Ave, OKC 73111
  3rd Tuesday of every month
  5:30-7:00 pm
  RSVP: Talena Ford, 405.609.6551
  or tford@sunbeamfamilyservices.org

**Canadian County Support Group**

Youth & Family Services, Inc.
7565 E. Hwy 66, El Reno 73036
2nd Monday of every month
5:30-7:00 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Guthrie Support Group**

Community Church
512 E. Seward Road, Guthrie, OK 73044
Last Tuesday of every month
5:30-7:00 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Moore Support Group**

Fresh Start Community Church
Held in gym located NW of the main facility
309 N. Eastern Ave, Moore, OK 73160
1st Tuesday of every month
5:30-7:30 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Norman Support Group**

Aging Services
1179 East Main Street, Norman, OK 73071
3rdWednesday of every month
5:30-7:30 pm
RSVP: Talena Ford, 405.609.6551

**Guthrie Support Group**

Community Church
512 E. Seward Road, Guthrie, OK 73044
Last Tuesday of every month
5:30-7:00 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Norman Support Group**

Aging Services
1179 East Main Street, Norman, OK 73071
3rd Wednesday of every month
5:30-7:30 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Canadian County Support Group**

Youth & Family Services, Inc.
7565 E. Hwy 66, El Reno 73036
2nd Monday of every month
5:30-7:00 pm
RSVP: Talena Ford, 405.609.6551
or tford@sunbeamfamilyservices.org

**Please see the back side for more services and information.**
Empowering Grandparents through support, resources, and more.

School Supply Program—Supplies and backpacks are available for your grandchildren to support you in providing what they need to be successful in school.* Applications are available beginning in May each year and are first come, first serve.

Holiday Program—Sunbeam partners with local law enforcement and TRIAD volunteers to help make your holiday a little brighter. Grandparents and grandchildren are our special guests at the GRG Holiday Party where gifts are presented to the grandchildren by Santa himself!* Applications are available beginning in October each year and are first come, first serve.

Counseling—Our counselors are available to grandparents needing support and tools to manage stress and concerns of raising grandchildren. Services are offered on a sliding scale.

Resources—Do you have questions about assistance with groceries, clothing, school uniforms, etc.? Please contact us so we can connect you with those that can help!

Want to help?—If you would like Sunbeam to attend an event or family resource fair, are interested in starting a new support group, or would like to volunteer, please contact Talena at 405.609.6551 or email tford@sunbeamfamilyservices.org.

To learn more, call Talena Ford at 405.609.6551 or tford@sunbeamfamilyservices.org.

*Documentation is required to participate.