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[Download photo of New Chief Executive Officer Sarah Rahhal.](#)

Sunbeam Family Services Announces New CEO
*Sarah Rahhal Committed to Providing Help, Hope and
the Opportunity for Success to People of All Ages*

(OKLAHOMA CITY) – Sunbeam Family Services announced today its Board of Directors has unanimously chosen Sarah Rahhal, LCSW, as Sunbeam’s new chief executive officer. Rahhal will join the nonprofit Aug. 26 in providing help, hope and the opportunity for success to people of all ages.

“The Sunbeam Board of Directors is excited for Sarah Rahhal to join our Sunbeam family as our new CEO,” said Phyllis Stong, Sunbeam Family Services board president. “Sarah comes to us with many years of successful nonprofit agency leadership and is highly regarded in our community. She is a passionate leader with extensive knowledge in mental health, addiction and child development. Additionally, Sarah has experience in strategic development and community collaborations and operations. Her vision and her passion for our mission will be instrumental in helping Sunbeam expand services as we look to the future.”

Rahhal, a Licensed Clinical Social Worker, is passionate about serving Oklahoma’s children, seniors and families. Throughout her 26 year tenure at NorthCare, Rahhal has provided compassionate services to the community through many roles, most recently as chief of operations. As a therapist earlier in her career, she achieved the infant mental health endorsement, worked with families involved in DHS and provided child care consultation.

“I am honored to have been selected as the next leader of such an amazing agency,” said Rahhal. “Sunbeam has a rich history of service to the community and I look forward to expanding our reach to meet the needs of those we serve.”

Rahhal has a Master’s of Social Work from the University of Oklahoma and a Bachelor of Arts in psychology from the University of Minnesota. Her professional affiliations include: Advisory Committee for OSU-OKC Alcohol and Substance Abuse Academic Program member; CARE (Child Abuse, Response and Evaluation) Center Advisory Board member; City Care Housing Development Committee member; Healthy Minds OK member; Metropolitan School of Dance board member and ReMerge Program Committee member. Rahhal is an expert in the mental health field and has presented at a number of conferences at the state and national level. In addition, she is a Trauma Informed Care trainer, a Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) certified therapist and a Youth Mental Health First Aid instructor.

Through Sunbeam’s 112-year history, the nonprofit has evolved to meet the growing needs of children, families and seniors across central Oklahoma. The nonprofit serves nearly 15,000 individuals through its robust Early Childhood Education program, long-standing Foster Care program, sliding scale Counseling program and multifaceted Senior Services program. Sunbeam builds stronger, brighter futures for central Oklahomans, shines a light on the needs of the community and empowers families and individuals to achieve self-sufficiency. For more information visit sunbeamfamilyservices.org or call 405-528-7721.

Join the movement to help children grow, heal, learn and thrive. Through Aug. 31, donations made to help children will be matched, dollar for dollar, up to \$5,000. This donation match is made possible thanks to Tall Oak Midstream. To make a donation visit SunbeamFamilyServices.org/thrive or call 405-609-8994.

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About Sunbeam Family Services

Founded in 1907, Sunbeam Family Services is one of Oklahoma's longest serving nonprofits and is one of the original United Way of Central Oklahoma Community partners. Sunbeam's mission is to provide help, hope and the opportunity to succeed to people of all ages through Early Childhood, Counseling, Foster Care and Senior Services. To learn more, call 405-528-7721, visit sunbeamfamilyservices.org, or join the conversation on Facebook, Twitter and Instagram.