



Caregiver Support Groups

Excell Hospice & Home Care - 1200 SW 104th east entrance, OKC
Second Tuesday of every month, 12-1:30 p.m. - lunch provided
Contact Jessica Welp to RSVP at jwelp@sunbeamfamilyservices.org or 405.609.8939

Mustang Senior Center (in partnership with the Parkinson Foundation)
1200 N Mustang Rd, Mustang
Second Wednesday of every month, 2:30 – 3:30 p.m. - Snacks provided
Contact Jessica Welp to RSVP at jwelp@sunbeamfamilyservices.org or 405.609.8939

Guthrie Public Library-201 N Division, Guthrie
Second Saturday of every month - 11:30-12:45 p.m. - Light lunch provided
Contact Verla Raines to RSVP at verlaraines@gmail.com or 405.519-0800

Easter Seals of Oklahoma (Adult Day Center) - 701 NE 13th,
OKC Fourth Wednesday of every month, 12– 1:30 p.m. - lunch provided
Contact Tony Lippe at 405.239-2525 or Jessica Welp at
jwelp@sunbeamfamilyservices.org or 405. 609.8939 to RSVP

Sunbeam Family Services - 1100 NW 14th, OKC
Last Tuesday of every month, 12:00 – 1:30 p.m. – lunch provided
Contact Jessica Welp to RSVP at jwelp@sunbeamfamilyservices.org or 405.609.8939